

## WEEK 1

W/C: 15/04, 06/05, 17/06, 08/07, 09/09, 30/09, 21/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SPECIALS	Cheese and Tomato Pizza O Served with Potato Wedges	Classic Beef Burger Served with Potato Wedges	<b>Roast Pork</b> Served with Roast Potatoes and Gravy	Turkey Lasagne �� Served with Garlic and Herb Bread	<b>Fish Fingers</b> Served with Chips
HOT SF	West African Vegetable Rice	Vegetarian Burger  Served with Potato Wedges	Vegetarian Cottage Pie   Served with Gravy	Vegetable Korma    Served with Bombay Potatoes	Quorn Dippers <b>⊙</b> Served with Chips
JACKET POTATO	Jacket Potatoes	Jacket Potatoes <b>※ </b>	Jacket Potatoes <b>※ ⊘</b> with a choice of hot and cold fillings	Jacket Potatoes ♥ ♥ with a choice of hot and cold fillings	Jacket Potatoes
		Tomato Pasta Fresh, home	emade tomato and basil sauce w	vith penne pasta 🗸 🕸	
		All main n	neals are served with two veget	ables	
DESSERT	Forest Fruits Jelly	Crispy Crackle Bar with Fruit	Banana Cake 🐞	Original Flapjack	Vanilla Ice Cream
			AVAILABLE EVERY DAY Water, salad, freshly baked bread, yoghurt & fresh fruit	▼ Vegetarian       ◆ Oily Fish       ◆ Wholegrain       ◆ Wholegrain       ◆ Wholegrain       ◆ Oily Fish       ◆ Wholegrain       ◆ Oily Fish        ◆ Oily Fish        ◆ Oily Fish        ◆ Oily Fish        ◆ Oily Fish        ◆ Oily Fish        ◆ Oily Fish        ◆ Oily Fish        ◆ Oily Fish        ◆ Oily Fish        ◆ Oily Fish        ◆ Oily Fish        ◆ Oi	
		Wa		Fruity! W Nutritionist's Choice	



## WEEK 2

W/C: 22/04, 13/05, 03/06, 24/06, 15/07, 16/09, 07/10, 28/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SPECIALS	Cheese and Tomato Pizza Served with Potato Wedges	<b>Beef Bolognese № % (1)</b> Served with Wholewheat Pasta	Roast Chicken ❤ Served with Roast Potatoes and Gravy	Butter Chicken Curry <b>₩ ₩</b> Served with Wholegrain Rice	Southern Fried Chicken Served with Chips
HOT S	Chilli No Carne with Crispy Tortilla	Veggie Burrito 💿 😻 🤏	Quorn Roast  Served with Roast Potatoes and Gravy	Macaroni Cheese <b>⊙</b>	<b>Veggie Fingers</b> Served with Chips
JACKET POTATO	Jacket Potatoes ♥ ♥ with a choice of hot and cold fillings	Jacket Potatoes ♥ ♥ with a choice of hot and cold fillings including Salmon Mayonnaise   p	Jacket Potatoes	Jacket Potatoes ❤️ ❤️ with a choice of hot and cold fillings	Jacket Potatoes
	No. of the second secon	Tomato Pasta Fresh, ho	memade tomato and basil sauce w	vith penne pasta 🗸 🕸	
		All main	n meals are served with two veget	ables	
DESSERT	Chocolate Cookie	Banana and Carrot Cake	Orange Jelly	Chocolate Shortbread with Fruit	Orange Drizzle
			AVAILABLE EVERY DAY	▼ Vegetarian  ▼ Oily Fish  ▼ Wholegrain	
			Water, salad, freshly baked bread, yoghurt & fresh fruit	Fruity! W Nutritionist's Choice	



## WEEK 3

W/C: 29/04, 20/05, 10/06, 01/07, 22/07, 02/09, 23/09, 14/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SPECIALS	Cheese and Tomato Pizza  Served with Potato Wedges	Pork Sausages Served with Mashed Potato and Gravy	Roast Beef Served with Roast Potatoes and Gravy	<b>Cottage Pie </b> Served with Gravy	<b>Fish Fingers</b> Served with Chips
HOT S	Chinese Vegetable Noodles	Vegetarian Sausage <b>v</b> Served with Mashed Potato and Gravy	Cheese and Onion Slice	Meatless Balls in Tomato Sauce    Served with Rainbow Rice	Quorn Dippers ♥ Served with Chips
JACKET POTATO	Jacket Potatoes	Jacket Potatoes <b>♥ ○</b> with a choice of hot and cold fillings, including Salmon Mayonnaise <b>◇</b>	Jacket Potatoes ❤ ♥ with a choice of hot and cold fillings	Jacket Potatoes ❤ ❤ with a choice of hot and cold fillings	Jacket Potatoes <b>♥ </b> with a choice of hot and cold fillings
		Tomato Pasta Fresh, hom	emade tomato and basil sauce w	rith penne pasta 🗸 💥	
		All main r	neals are served with two veget	ables	
DESSERT	Chocolate Brownie 🖔 🤏	Strawberry Jelly	Banana Cake 🐞	Lemon Sicilian Cookie	Chocolate Ice Cream
			AVAILABLE EVERY DAY	Washing to Oth Fish Mark I.	
			ater, salad, freshly baked bread, yoghurt & fresh fruit	✓ Vegetarian → Oily Fish → Wholegrain  → Fruity! → Nutritionist's Choice	